

## ENCOURAGEMENT

The humble in heart, who have daily felt the importance of riveting their soul to the eternal Rock, will stand unmoved amid the tempests of trial, because they trusted not to themselves. SL 12

A life in Christ is a life of restfulness. There may be no ecstasy of feeling, but there should be an abiding, peaceful trust. Your hope is not in yourself; it is in Christ. Your weakness is united to His strength, your ignorance to His wisdom, your frailty to His enduring might. So you are not to look to yourself, not to let the mind dwell upon self, but look to Christ. Let the mind dwell upon His love, upon the beauty, the perfection, of His character. Christ in His self-denial, Christ in His humiliation, Christ in His purity and Holiness, Christ in His matchless love, -this is the subject for the soul's contemplation. It is by loving Him, copying Him, depending wholly upon Him, that you are to be transformed into His likeness. Steps to Christ, pp 70, 71

"Often men pray and weep because of the perplexities and obstacles that confront them. But if they will hold steadfast unto the end He will make their way clear. Success will come to them as they struggle against apparently insurmountable difficulties, and with success will come the greatest joy." (IHP 229)

It is Satan's work to discourage the soul; it is Christ's work to inspire with faith and hope." (DA 249)

When in faith we take hold of His strength, He will change, wonderfully change, the most hopeless discouraging outlook." (8T 12) #

Keep your wants, your joys, your sorrows, your cares, and your fears before God. You cannot burden Him; you cannot weary Him. He who numbers the hairs of your head is not indifferent to the wants of His children. "The Lord is very pitiful, and of tender mercy." James 5:11. His heart of love is touched by our sorrows and even by our utterances of them. Take to Him everything that perplexes the mind. Nothing is too great for Him to bear, for He holds up worlds, He rules over all the affairs of the universe. Nothing that in any way concerns our peace is too small for Him to notice. There is no chapter in our experience too dark for Him to read; there is no perplexity too difficult for Him to unravel. No calamity can befall the least of His children, no anxiety harass the soul, no joy cheer, no sincere prayer escape the lips, of which our heavenly Father is unobservant, or in which He takes no immediate interest. "He healeth the broken in heart, and bindeth up their wounds." Psalm 147:3.

The relations between God and each soul are as distinct and full as though there were not another soul upon the earth to share His watch care, not another soul for whom He gave His beloved Son. {SC 100.1}

As the will of man cooperates with the will of God, it become omnipotent. Whatever is to be done at His command may be accomplished in His strength. All His biddings are enabling. COL 333

"Think of Jesus. Look to Him in faith, believing His promises. Keep your mind trustful; He will be your stay. Lean on Him, depend on Him.... Put your trust in the One whose arms will never fail." 2SM 265)

In the secret place of prayer, where no eye but God's can see, and no ear but His can hear, we may pour out our most hidden desires and longings to the Father of infinite pity, and in the hush and silence of the soul, that voice which never fails to answer the cry of human need will speak to our hearts. (MB 84)

God wants us to understand how earnestly and tenderly His heart yearns over us. He invites us to take our trials to His sympathy, our sorrows to His love, our wounds to His healing, our weakness to His strength, our emptiness to His fullness. Never has one been disappointed who came to Him." (MB 84)

We shall never know until we are face-to-face with God, when we shall see as we are seen and know as we are known, how many burdens He has born for us, and how many more He would have been glad to bear, if with childlike faith we had brought them to him. (ML 12) #

We need to seek the Lord day and night that we may know just what steps to take and just what we ought to do." (ML 28) #

"God knows our wants, and has provided for them. The Lord has a treasure house of supplies for His children, and can give them what they need under all circumstance. (TMK 224)

Cultivate the habit of talking with the Savior when you are alone, when you are walking, and when you are busy with your daily labor. MH 510

**Whatever your anxieties and trials, spread out your case before the Lord. Your spirit will be braced for endurance. The way will be opened for you... The weaker and more helpless you know yourself to be, the stronger you will become in His strength. The heavier your burdens, the more blessed the rest in casting them upon the great Burden Bearer." (DA 329)**

**The Lord desires you to lay your troubles and perplexities at His feet, and leave them there. Go to Him, saying: "Lord, my burdens are too heavy for me to carry. Will you bear them for me" and He will answer: "I will take them. With everlasting kindness will I have mercy on you." # (Testimonies to Ministers 519)**

**The Lord would have us come to Him daily with all our troubles and confessions of sin, and He can give us rest in wearing His yoke and bearing His burden. His Holy Spirit, with its gracious influences, will fill the soul, and every thought will be brought into subjection to the obedience of Christ. {5T 648.1}**

**When temptations and trial rush in upon us, let us go to God and agonize with Him in prayer. He will not turn us away empty, but will give us grace and strength to overcome, and to break the power of the enemy. (EW 46)**

**Words cannot describe the peace and joy possessed by him who takes God at His word. Trials do not disturb him, slights do not vex him. Self is crucified. Day by day his duties may become more taxing, his temptations stronger, his trials more severe; but he does not falter; for he receives strength equal to his need. (MYP 98) #**

**Seek the Lord for wisdom in every emergency. In every trial plead with Jesus to show you a way out of your troubles, and your eyes will be opened to behold the remedy and to apply to your case the healing promises that have been recorded in His Word. In this way the enemy will find no place to lead you into mourning and unbelief, but instead you will have faith and hope and courage in the Lord, (2SM 273)**

**The savior is by the side of His tempted and tried ones. With Him there can be no such thing as failure, loss, impossibility, or defeat. (DA 490)**

**As I see what God has wrought, I am filled with astonishment and with confidence in Christ as Leader. We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His**

teaching in our past history. **We are a strong people, if we will put our trust in the Lord.** 3SM 163

Into the experience of all there come times of keen disappointment and utter discouragement- days when sorrow is the portion, and it is hard to believe that God is still the kind benefactor of His earth-born children; days when troubles harass the soul, till death seems preferable to life. It is then that many loose their hold on God and are brought into the slavery of doubt, the bondage of unbelief. Could we at such times discern with spiritual insight the meaning of God's providence's, we should see angels seeking to save us from ourselves, striving to plant our feet upon a foundation more firm than the everlasting hills; and new faith, new life would spring into being. (ML 328)

In the hour of greatest need, when discouragement overwhelms the soul, then it is that Jesus comes very near. **The hour of man's necessity is God's opportunity.** He sees our danger and provides help for us. (IHP 262)

**When we come to him in faith every petition enters the heart of God.** When we have asked for His blessing, we should believe that we receive it, and thank Him that we have received it. **Then we are to go about our duties assured that the blessings will be realized when we need it most.** DA 200

**When Jesus was awakened to meet the storm, He was in perfect peace. There was no trace of fear in word or look, for no fear was in His heart.... He trusted in the Father's might. It was in faith - faith in God's love and care - that Jesus rested, and the power of that word which stilled the storm was the power of God. As Jesus rested by faith in the Father's care, so we are to rest in the care of our Savior."** (DA 336)

His (Satan's) most wily temptations Christ has tested and conquered in behalf of man. **It is impossible for man to be tempted above what he is able to bear while he relies upon Jesus, the infinite Conqueror.** {Con 31.2}

**Worry, Not Work, Kills.--It is not work that kills; it is worry. The only way to avoid worry is to take every trouble to Christ. Let us not look on the dark side. Let us cultivate cheerfulness of spirit.--**Lt 208, 1903. {2MCP 466.1}

**Dwelling Upon the Difficulties.--Some are always fearing and borrowing trouble. Every day they are surrounded with the tokens of**

**God's love; every day they are enjoying the bounties of His providence; but they overlook these present blessings. Their minds are continually dwelling upon something disagreeable which they fear may come; or some difficulty may really exist, which, though small, blinds their eyes to the many things that demand gratitude. The difficulties they encounter, instead of driving them to God, the only source of their help, separate them from him because they awaken unrest and repining.--SC 121, 122 (1892). {2MCP 466.2}**

**There are few who rightly appreciate or improve the precious privilege of prayer. We should go to Jesus and tell Him all our needs. We may bring Him our little cares and perplexities as well as our greater troubles. Whatever arises to disturb or distress us, we should take it to the Lord in prayer. We lose many precious blessings by failing to bring our needs and cares and sorrows to our Saviour. He is the wonderful Counselor. {HP 74.2}**

**"If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him." Such a promise is of more value than gold or silver. If with a humble heart you seek divine guidance in every trouble and perplexity, His word is pledged that a gracious answer will be given you. And His word can never fail. Heaven and earth may pass away, but His word will never pass away. Trust in the Lord, and you will never be confounded or ashamed. "It is better to trust in the Lord than to put confidence in man. It is better to trust in the Lord than to put confidence in princes." {5T 427.1}**

**God will not suffer one of His truehearted workers to be left alone, to struggle against great odds and be overcome. (MH) 844**

**At all times and in all places, in all sorrows and in all afflictions, when the outlook seems dark and the future perplexing, and we feel helpless and alone, the Comforter will be sent in answer to the prayer of faith. Circumstances may separate us from every earthly friend, but no circumstance, no distance can separate us from the heavenly Comforter. Wherever we are, wherever we may go, He is always at our right hand to support, sustain, uphold and cheer." (DA 669)**

**Never feel that Christ is far away. He is always near. His loving presence surrounds you.... He desires you to not only touch his garments, but to walk with Him in constant communion. MH 85 #**

**Amid the anthems of the celestial choir, God hears the cries of the weakest human being. We pour out our heart's desire in our closet, breath a prayer as we walk by the way, and our words reach the**

**throne of the Monarch of the universe.** They may be inaudible to any human ear, but they cannot die away into silence, nor can they be lost through the activities of business that are going on. Nothing can drown the soul's desire. COL 177

If we keep the Lord ever before us, allowing our hearts to go out in thanksgiving and praise to Him, we shall have a continual freshness in our religious life. Our prayers will take the form of conversation with God, as we would talk with a friend. He will speak His mysteries to us personally. **Often there will come to us a sweet, joyful sense of the presence of Jesus. Often our hearts will burn within us as He draws nigh to commune with us as he did with Enoch.** COL 131

**As we walk with Jesus in this life, we may be filled with His love, satisfied with His presence.** All that human nature can bear, we may receive here. DA 331

**Every act of life, however small, has its bearing for good or for evil.** Faithfulness or neglect in what are apparently the smallest duties may open the door for life's richest blessings or its greatest calamities. It is the little things that test the character. P.P. 158

**Unwearily persist in prayer.** The persistent asking brings the petitioner into a more earnest attitude, and gives him an increased desire to receive the things for which he asks. COL 144

**When with earnestness and intensity we breathe a prayer in the name of Christ, there is in that very intensity a pledge from God that He is about to answer our prayer, "exceeding abundantly above all that we ask or think."** COL 146 #

**Nothing is apparently more helpless, yet really more invincible, than the soul that feels its nothingness and relies wholly on the merits of the Savior.** By prayer, by the study of His word, by faith in His abiding presence, the weakest of human beings may live in contact with the living Christ, and He will hold them by the hand that will never let go. HMM 182

**We may through the exercise of faith and prayer, call to our side a retinue of heavenly angels, who will guard us from every corrupting influence.** (Our High Calling 23)

**Angels are ever present where they are most needed, with those who have the hardest battle with self to fight, and whose surroundings are the most discouraging.** DA 440

**Enoch avoided constant association with the ungodly, and spent much time in solitude, giving himself to meditation and prayer...To him prayer was as the breath of the soul; he lived in the very atmosphere of heaven. PP 85**

**Learn to pray aloud where only God can hear you. RH 84/17**

**It is a part of God's plan to grant us, in answer to the prayer of faith, that which He would not bestow did we not ask. GC 525**

**As a man Jesus supplicate the throne of God, till His humanity was charged with heavenly current that should connect humanity with divinity. Through continual communion He received life from God, that He might impart life to the world. His experience is to be ours. DA 363**

**Every want was supplied, the hunger of my soul was satisfied; and now the Bible is to me the revelation of Jesus Christ. SC 112**

**The more earnestly and steadfastly we ask, the closer will be our spiritual union with Christ. We shall receive increased blessings because we have increased faith. Our part is to ask and believe. COL 145**

**Let your heart break for the longing it has for God, for the living God. The life of Christ has shown what humanity can do by being a partaker of the divine nature. All that Christ received from God, we too may have. Then ask and receive. With the persevering faith of Jacob, with the unyielding persistence of Elijah, claim for yourself all that God has promised. COL 149**

**You have turned my mourning into dancing; you have put off my sackcloth and clothed me with gladness, to the end that my glory may sing praise to you and not be silent. O Lord my God, I will give thanks to you forever. Ps. 30:11-12 #**

**"Never a prayer is offered, however faltering, never a tear is shed, however secret, never a secret desire after God is cherished, however feeble, but the Spirit of God goes forth to meet it. Even before the prayer is uttered or the yearning of the heart is made know, grace from Jesus goes forth to meet the grace that is working upon the human soul. (COL 205, 206)**

**We must individually hear Him speaking to the heart. When every other voice is hushed, and in quietness we wait before Him, the silence of the soul makes more distinct the voice of God. DA 363**

**"Think of Jesus. Look to Him in faith, believing His promises. Keep your mind trustful; He will be your stay. Lean on Him, depend on Him.... Put your trust in the One whose arm will never fail." 2SM 265)**

**"As an earthly parent encourages his child to come to him at all times, so the Lord encourages us to lay before Him our wants and perplexities, our gratitude and love. Every promise is sure." (6BC 1116)**

**"We need to trust in Jesus daily, hourly. He has promised that as our day is, our strength shall be. By His grace we may bear all the burdens of the present and perform its duties. 5T511**

**"When the Spirit of God takes possession of the heart, it transforms the life. Sinful thoughts are put away, evil deeds are renounced; love, humility, and peace take the place of anger, envy, and strife. Joy takes the place of sadness, and the countenance reflects the light of heaven. No one sees the hand that lifts the burden, or beholds the light descend from the courts above. The blessings come when by faith the soul surrenders itself to God. Then that power which no human eye can see creates a new being in the image of God." (DA 173)**

**The soul that has given himself to Christ is more precious in His sight than the whole world. The Savior would have passed through the agony of Calvary that one might be saved in His kingdom. He will never abandon one for whom He has died. Unless His followers choose to leave Him, he will hold them fast. (DA 483)**

**"In times of sudden difficulty or peril the heart may send up its cry for help to One who has pledged Himself to come to the aid of his faithful, believing ones whenever they call upon Him" (PK 631)**

**"Never let your courage fail. Never talk unbelief because appearances are against you. As you work for the Master you will feel pressure for want of means, but the Lord will hear and answer your petitions for help. Let your language be: 'The Lord God will help me; therefore shall I not be confounded: therefore have I set my face like a flint, and I know that I shall not be ashamed.'" (Is. 50:7) (7T244)**

**"The precious Savior will send help just when we need it. The way to heaven is consecrated by His footprints. Every thorn that wounds our feet has wounded His. Every cross that we are called to bear; he has born for us. (GC 633)**

**"We need never feel that we are alone. Angels are our companions. The Comforter that Christ promised to send in His name abides with us. In the way that leads to the City of God there are no difficulties, which those who trust in Him may not overcome. There are no dangers, which they may not escape. There is not a sorrow, not a grievance, not a human weakness, for which He has not provided a remedy." (MH 249)**

**"Those who consecrate body, soul and spirit to God will constantly receive a new endowment of physical, mental, and spiritual power. The inexhaustible supplies of heaven are at their command." (GW 112)**

**"The Lord is full of compassion for His suffering ones. What sins are too great for His pardon? He is merciful, and as such is infinitely more ready and more pleased to pardon than to condemn. He is gracious, not looking for wrong in us; He knows our frame, He remembers that we are but dust. In his boundless compassion and mercy He heals all our backsliding, loving us freely while we are yet sinners." (2SM 231)**

**"Whatever may have been your past experience, however discouraging you present circumstances, if you will come to Jesus just as you are, weak, helpless, and despairing, our compassionate Savior will meet you a great way off, and will throw about you His arms of love and His robe of righteousness." (MB9)**

**He knows each individual by name, and cares for each as if there were not another upon the earth for whom He gave His beloved Son. (MH 2229)**

**By prayer, by the study of His word, by faith in His abiding presence, the weakest of human beings my live in contact with the living Christ, and He will hold them by a hand that will never let go. (MH 182)**

**Christ's righteousness is accepted in place of man's failure, and God receives, pardons, justifies, the repentant, believing soul, treats him as though he were righteous, and loves him as He loves His son. 1M 367**

**God does not deal with us as finite men deal with one another. His thoughts are of mercy, love, and the most tender compassion. SC 53**

He knew that the lives of His trusting disciples would be like His, a series of uninterrupted victories, not seen to be such here, but recognized as such in the great hereafter. DA 679

If our salvation depended on our own efforts, we could not be saved; but it depends on the One who is behind all the promises. AA 553

All who have a sense of their deep soul poverty, who feel that they have nothing good in themselves, may find righteousness and strength by looking unto Jesus. He says, "Come unto Me, all ye that labor and are heavy-laden." Matthew 11:28. He bids you exchange your poverty for the riches of His grace. We are not worthy of God's love, but Christ, our surety, is worthy, and is abundantly able to save all who shall come unto Him. MB P. 9

Looking unto Jesus, the author and finisher of our faith, we may go from strength to strength, from victory to victory; for through Christ the grace of God has worked out our complete salvation. 1 SM 374

Looking unto Jesus we are safe. Nothing can pluck us out of His hand. SC 72

None have fallen so low; none are so vile, but that they can find deliverance in Christ. The demonic, in place of prayer, could utter only the words of Satan; yet the heart's unspoken appeal was heard. No cry from a soul in need, though it fail of utterance in words, will be unheeded. DA 258

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"Your only safety and happiness are in making Christ your constant counselor. You can be happy in Him if you had not another friend in the wide world." (OHC 64)

"When it is in the heart to obey God, when efforts are put forth to this end, Jesus accepts this disposition and effort as man's best service, and He makes up for the deficiency with His own divine merit." (ML 250)

"God will honor and uphold every true-hearted, earnest soul who is seeking to walk before Him in the perfection of Christ's grace. He will never leave nor forsake one humble, trembling soul." (SD) 192

"Those who turn to God with heart and soul and mind will find in Him peaceful security.... He knows just what we need, just what we can bear, and He will give us grace to endure every trial and test..." (SD 19)

**"If you go to God, with humble, believing heart to seek for guidance in your perplexity, then it is your privilege to rest your case with Him. Heaven and earth may pass before the promise would fail. (TDG 184)**

**"As you take up the work of saving your children and maintaining your position on the highway of holiness, the most provoking trials will come. But do not lose your hold. Cling to Jesus. He says "Let him take hold of my strength, that he may make peace with me, and he shall make peace with me." Difficulties will arise. You will meet with obstacles. Look constantly to Jesus. When an emergency arises, ask, Lord, what shall I do now?" The harder your battle, the greater your need of help from your heavenly Father, and the more marked will be the victory gained." (AH 207, 208)**

**The Lord will work for all who put their trust in Him. Precious victories will be gained by the faithful. Precious lessons will be learned. Precious experiences will be realized. (Thoughts from the Mount of Blessings P. 11)**

**Christ lifts up the contrite heart and refines the mourning soul until it becomes His abode. (Thoughts from the Mount of Blessings P. 12)**

**His (Jesus) love opens a channel into the wounded and bruised soul, and becomes a healing balsam to those in sorrow. "The father of mercies, and the God of all comfort... comforts us in all our tribulations, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God." 2 Cor. 1:3,4 (Thoughts from the Mount of Blessings P. 13)**

**He who learns of Christ is emptied of self, of pride, of love of supremacy, and there is silence in the soul. Self is yielded to the disposal of the Holy Spirit. Then we are not anxious to have the highest place. We have no ambition to crowd and elbow ourselves into notice, but we feel that our highest place is at the feet of our Savior. We look unto Jesus, waiting for His hand to lead us, listening for His voice to guide. (Thoughts from the Mount of Blessings P. 15)**

**When we receive Christ as an abiding guest in the soul, the peace of God, which passes all understanding, will keep our hearts and minds through Christ Jesus. The Savior's life, though lived in the midst of conflict, was a life of peace. No storm of human or satanic wrath could disturb the calm of that perfect communion with God. (Thoughts from the Mount of Blessings P. 15)**

Happiness drawn from earthly sources is as changeable as varying circumstances can make it; but the peace of Christ is a constant and abiding peace and does not depend upon any circumstance in life, on the amount of worldly goods or the number of earthly friends. Christ is the fountain of living water, and happiness drawn from Him can never fail. (Thoughts from the Mount of Blessings P. 16)

(Speaking of Heaven) There is no disappointment, no sorrow, no sin, no one who shall say, I am sick; there are no burial trains, no mourning, no death, no partings, no broken hearts; but Jesus is there, peace is there. (Thoughts from the Mount of Blessings P. 17)

Not by painful struggles or wearisome toil, not by gift or sacrifice, is righteousness obtained; but it is freely given to every soul who hungers and thirsts to receive it. "Lo, every one that thirsts come to the water, and he that has no money; come, buy and eat... without money and without price." Is. 55:1 (Thoughts from the Mount of Blessings P. 18)

As the body is continually receiving the nourishment that sustains life and vigor, so the soul must be constantly communing with Christ, submitting to Him and depending wholly upon Him. (Thoughts from the Mount of Blessings P. 19)

The heart that has once tasted the love of Christ, cries out continually for a deeper draft, and as you impart you will receive in richer and more abundant measure. Every revelation of God to the soul increases the capacity to know and love. The continual cry of the heart is "More of thee," and ever the spirit answers, "Much more," for our God delights to do "exceedingly abundantly above all that we ask or think." (Thoughts from the Mount of Blessings P. 20)

To Jesus, who empties Himself for the salvation of lost humanity, the Holy Spirit was given without measure. So it will be given to every follower of Christ when the whole heart is surrendered to His indwelling. (Thoughts from the Mount of Blessings P. 21)

Christ abiding in the soul is a spring that never runs dry. Where He abides, there will be an overflowing of beneficence. (Thoughts from the Mount of Blessings P. 22)

To the appeal of the erring, the tempted, the wretched victims of want and sin, the Christian does not ask, are they worthy, but How can I benefit them? In the most wretched, the most debased, he

sees souls whom Christ died to save and for whom God has given His children the ministry of reconciliation. (Thoughts from the Mount of Blessings P. 22)

**God Himself is the source of all mercy. His name is "merciful and gracious". He does not treat us as we deserve. He does not ask if we are worthy of His love, but he pours upon us the riches of His love, to make us worthy. He is not vindictive. He seeks not to punish, but to redeem.** (Thoughts from the Mount of Blessings P. 22)

**Those who know that they cannot possibly save themselves, or of themselves do any righteous action, are the ones who appreciate the help that Christ can bestow. They are the poor in spirit, whom He declares to be blessed. {MB 7.1}**

**My God shall supply all your needs according to His riches in glory by Christ Jesus." And in the hour of final need the merciful shall find refuge in the mercy of the compassionate Savior and shall be received into everlasting habitations.** (Thoughts from the Mount of Blessings P. 22)

The beauty and preciousness of truth, which are un-discerned by the worldly-wise, are constantly unfolding to those who have a trusting, childlike desire to know and to do the will of God. We discern truth by becoming, ourselves, partakers of divine nature. **The pure in heart live as in the visible presence of God during the time He has apportioned them in the world.** (Thoughts from the Mount of Blessings P. 23)

Christ is the prince of peace, and it is His mission to restore to earth and heaven the peace that sin has broken. **Whoever consents to renounce sin and open his heart to the love of Christ, becomes a partaker of this heavenly peace.** (Thoughts from the Mount of Blessings P. 23)

**The heart that is in harmony with God is a partaker of the peace of heaven and will defuse its blessed influence upon all around. The spirit of peace will rest like dew upon the hearts weary and troubled with worldly strife.** (Thoughts from the Mount of Blessings P. 28)

**You are never alone. You are never in a place where you have no one to have interest in you. Our heavenly Father has given His son to die for you. The cross of Calvary testifies that He takes a deep interest in your welfare, for you are the purchase of the Son of God, and you are the subject of many prayers.... If you will find heart and voice to pray, He will be sure to hear, and an arm will reach down to save you.**

**There is a God that hears prayers, and when all others resources fail, He is your refuge, a very present help in time of trouble. (TDG 184)**

**When we really believe that God loves us, and means to do us good, we shall cease to worry about the future. We shall trust God as a child trusts a loving parent. Then our troubles and torments will disappear; for our will is swallowed up in the will of God. (SD 119)**

**The race is not to the swift, nor the battle to the strong. The weakest saint, as well as the strongest, may wear the crown of immortal glory. All may win who, through the power of the divine grace, bring their lives into conformity to the will of Christ." (AA 313)**

**"The Lord is disappointed when His people place low estimates upon themselves. He desires His chosen heritage to value themselves according to the price He has placed upon them. God wanted them; else He would not have sent His Son on such an expensive errand to redeem them. He has a use for them, and He is well pleased when they make the very highest demands upon Him, that they may glorify His name. They may expect large things if they have faith in His promises." (AD668)**

**Prayer is the breath of the soul. It is the secret of spiritual power.... God's messengers must tarry long with Him, if they would have success in their work." (GW 254)**

**God has determined that every soul who obeys His word shall have His joy, His peace, His continual keeping power. Such men and women are brought near him always, not only when they kneel before Him in prayer, but when they take up the duties of life. He has prepared for them an abiding place with Himself." (IHP53)**

**Our Redeemer is an inexhaustible fountain. We may drink, and drink again and ever find a fresh supply. He in whom Christ dwells has within himself the fountain of blessing, - "A well of water springing up into everlasting life." From this source he may draw strength and grace sufficient for all his needs. (DA).**

**When the poor and needy seek water, and there is none, and their tongues fail for thirst, I the Lord will hear them; I the God of Israel will not forsake them. (Thoughts from the Mount of Blessings 21)**

**God delights to give. He is full of compassion, and He longs to grant the requests of those who come to Him in faith. He gives to us that we may minister to other and thus become like Himself." (COL 141)**

**The way to the throne of God is always open. You cannot always be on your knees in prayer, but your silent petitions may constantly ascend to God for strength and guidance. When tempted, as you will be, you may flee to the secret place of the Most High. His everlasting arms will be underneath you. (In Heavenly Places, 86)**

**And God has pledged His Holy Spirit to help you in every decided effort. {Te 113.4}**

***The Feeblest Cry for Help Is Heard.*--Every one of us may know that there is a power working with our efforts to overcome. Why will not men lay hold upon the help that has been provided, that they may become elevated and ennobled? Why do they degrade themselves by the indulgence of perverted appetite? Why do they not rise in the strength of Jesus, and be victorious in His name? The very feeblest prayer that we can offer, Jesus will hear. He pities the weakness of every soul. Help for everyone has been laid upon Him who is mighty to save. I point you to Jesus Christ, the sinner's Savior, who alone can give you power to overcome on every point. {Temperance P. 114.1}**

You may be perplexed in business; your prospects may grow darker and darker, and you may be threatened with loss; but do not become discouraged; cast your care upon God, and remain calm and cheerful. Pray for wisdom to manage your affairs with discretion, and thus prevent loss and disaster. Do all you can on your part to bring about favorable results. Jesus has promised His aid, but not apart from our effort. When, relying upon our Helper, you have done all you can, accept the result cheerfully. {SC 122.2}

It is not the will of God that His people should be weighed down with care. But our Lord does not deceive us. He does not say to us, "Do not fear; there are no dangers in your path." He knows there are trials and dangers, and He deals with us plainly. He does not propose to take His people out of a world of sin and evil, but He points them to a never-failing refuge. His prayer for His disciples was, "I pray not that Thou shouldest take them out of the world, but that Thou shouldest keep them from the evil." "In the world," He says, "ye shall have tribulation: but be of good cheer; I have overcome the world." John 17:15, 16:33. {SC 122.3}

The great physician Himself stands by his faithful workers, saying to the repentant soul, "Child, thy sins be forgiven thee." MH 930

**God has not left us to battle with evil in our own infinite strength. Whatever may be our inherited or cultivated tendencies to wrong, we can overcome through the power that He is ready to impart. MH 930**

Every true disciple is born into the kingdom of God as a missionary. He who drinks of the living water becomes a fountain of life. The receiver becomes a giver. {CC 294.7}

**To Walk With God.**--The father . . . will bind his children to the throne of God by living faith. **Distrusting his own strength, he hangs his helpless soul on Jesus and takes hold of the strength of the Most High.**

Brethren, pray at home, in your family, night and morning; pray earnestly in your closet; and while engaged in your daily labor, lift up the soul to God in prayer. It was thus that Enoch walked with God. The silent, fervent prayer of the soul will rise like holy incense to the throne of grace and will be as acceptable to God as if offered in the sanctuary. **To all who thus seek Him, Christ becomes a present help in time of need. They will be strong in the day of trial.** {AH 212.4}

**His tender compassion fell with a touch of healing upon weary and troubled hearts. Even amid the turbulence of angry enemies He was surrounded with an atmosphere of peace. The beauty of His countenance, the loveliness of His character, above all, the love expressed in look and tone, drew to Him all who were not hardened in unbelief. Had it not been for the sweet, sympathetic spirit that shone out in every look and word, He would not have attracted the large congregations that He did. The afflicted ones who came to Him felt that He linked His interest with theirs as a faithful and tender friend, and they desired to know more of the truths He taught. Heaven was brought near. They longed to abide in His presence, that the comfort of His love might be with them continually.** {DA 254.4}

When the tempests of temptation gather, and the fierce lightnings flash, and the waves sweep over us, we battle with the storm alone, forgetting that there is one who can help us. We trust to our own strength till our hope is lost, and we are ready to perish. Then we remember Jesus, and if we call upon Him to save us, we shall not cry in vain. **Though He sorrowfully reproveth our unbelief and self-confidence, He never fails to give us the help we need. Whether on land or on sea, if we have the Saviour in our hearts, there is no need of fear. Living faith in the Redeemer will smooth the sea of life, and will deliver us from danger in the way He knows to be best.** (DA 336)

**"The Lord desires us to lay our troubles and perplexities at His feet, and leave them there. Go to Him, saying: "Lord, my burdens are too heavy for me to carry. Will you bear them for me?" And He will answer: 'I will take them.'** **With everlasting**

**kindness will I have mercy on you." Testimonies to  
Ministers 519**

end-

AA	Acts of the Apostles
AH	Adventist Home
AG	God's amazing grace
1BC	The SDA Bible Commentary, Vo. 1
CG	Child Guidance
CH	Counsels on Health
ChS	Christian Service
CM	Colporter Minsitry
COL	Christ's Object Lessons
CS	Counsels on Stewardship
CSW	Counsels on Sabbath School Work
CT	Counsels to Parents, Teachers, and Students
DA	The Desire of Ages
Ed	Educations
Ev	Evangelism
EW	Early Writings
FE	Fundamentals of Christian Education
FLB	The Faith I Live by
GC	The Great Controversy
GW	Gospel Workers
IHP	In Heavenly Places
LS	Life Sketches
MB	Thoughts from the Mount of Blessing
1MCP	Mind, Character, and personality Vol 1
MH	Ministry of Healing
ML	My Life today
MM	Medical Minsitry
MYP	Messages to Young People
OHC	Our High Calling
PK	Prophets and Kings
PP	Patriarchs and Prophets
RH	Review & Harold
SC	Steps to Christ
SD	Sons and Daughters of God
SL	The Sanctified Life
1SM	Selected Messages, book 1

SR Story of Redemption  
ST Signs of the Times  
1T Testimonies, Vol. 1  
TM Testimonies to Ministers  
TMK That I may know Him  
TDG This Day with God  
UL The Upward Look  
WM Welfare Ministry